

How to use an Aroma Wheel

With the aroma fresh on your mind, check the aroma wheel. Start from the inner ring, where you'll find the most general categories like earth, wood, or fruit. Work your way out and look for the specific elements that line up closest with your sensory analysis. Keep the sample close by in case you need to take another waft to narrow down the aroma.

Not sure if something lines up? Get a real-life sample and compare. Grab a lemon from your fridge, or some grass from outside, or step down into the basement for some mustiness. With some practice, it'll become second nature.



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